List of Resources on Race, Racism, and Antiracism

Podcasts and Videos

Seeing White Podcast [Scene on Radio]

Naming Racism [Radcliffe Institute for Advanced Study at Harvard University]

Toni Morrison, what racism is

How racism makes us sick - Dr. David R. Williams [TED Talk]

Racism has a cost for everyone - Heather C. McGhee [TED Talk]

How to deconstruct racism, one headline at a time - Baratunde Thurston [TED Talk]

How racism harms pregnant women — and what can help - Miriam Zoila Pérez [TED Talk]

The path to ending systemic racism in the US - Dr. Phillip Atiba Goff, Rashad Robinson, Dr. Bernice King, Anthony D. Romero, Chris Anderson, Whitney Pennington Rodgers [TED Talk]

The symbols of systemic racism — and how to take away their power - Paul Rucker [TED Talk]

How we can make racism a solvable problem — and improve policing - Dr. Phillip Atiba Goff

We need to address the real roots of racial violence - Dr. Megan Ming Francis [TED Talk]

We need to talk about an injustice - Bryan Stevenson [TED Talk]

The racial politics of time - Dr. Brittney Cooper [TED Talk]

The urgency of intersectionality - Kimberlé Crenshaw [TED Talk]

Peer-reviewed Articles

Cabrera, N. L. (2012). Working through Whiteness: White male college students challenging racism. *The Review of Higher Education*, *35*(*3*), 375-401.

Cabrera, N. L. (2014). "But I'm oppressed too": White male college students framing racial emotions as facts and recreating racism. *International Journal of Qualitative Studies in Education*, 27(6), 768-784.

Cabrera, N. L. (2014). But we're not laughing: White male college students' racial joking and what this says about "post-racial" discourse. *Journal of College Student Development*, 55(1), 1-15.

Cabrera, N. L. (2014). Exposing Whiteness in higher education: White male college students minimizing racism, claiming victimization, and recreating White supremacy. *Race Ethnicity and Education*. 17(1), 30-55. doi:10.1080/13613324.2012.725040

Cabrera, N. L., Watson, J., & Franklin, J. D. (2016). Racial arrested development: A Critical Whiteness analysis of the campus ecology. *Journal of College Student Development*, *57*(2), 119-134.

Cabrera, N.L., & Corces-Zimmerman, C. (2017). An Unexamined Life: White Male Racial Ignorance and the Agony of Education for Students of Color. *Equity & Excellence in Education*, 50, 300-315. doi:10.1080/10665684.2017.1336500

Cabrera, N. L. (2017). White immunity: Working through the pedagogical pitfalls of privilege. *Journal Committed to Social Change on Race and Ethnicity*, *3*(1), 74-86.

Cabrera, N. L. (2019). White guys on campus: Racism, White immunity, and the myth of 'post-racial' higher education. New Brunswick, NJ: Rutgers University Press.

Cabrera, N. L. (2019). Racism: Becky's dance around the other 'r-word' in student affairs. In C. E. Matias (Ed.), *Surviving Becky(s): Pedagogies for deconstructing Whiteness and gender* (pp. 147-157). Lanham, MD: Lexington Books.

Cabrera, N. L., Utt, J. R., & Corces-Zimmerman, C. (2019). Engaging White students. In S. J. Quaye, S. R. Harper, & S. L. Pendakur (Eds.), *Student engagement in higher education: Theoretical perspectives and practical approaches for diverse populations* (3rd ed.) (pp. 89-106). New York, NY: Routledge.

Cabrera, N. L., & Corces-Zimmerman, C. (2019). Beyond privilege: Whiteness as the center of racial marginalization. In P. Brug, Z. S., Ritter, and K. R. Roth (Eds.), *Marginality in the urban center: Costs and challenges of continued Whiteness in the Americas (and beyond)* (pp. 13-29). New York, NY: Palgrave Macmillan.

Dulin-Keita. A., Hannon, L., Fernandez, J.R., & Cockerham, W.C. (2011). The defining moment: children's conceptualization of race and experiences with racial discrimination. *Ethnic and Racial Studies*, *34*, 662-682. doi:10.1080/01419870.2011.535906

Gee, G. C., Walsemann, K. M., & Brondolo, E. (2012). A life course perspective on how racism may be related to health inequities. *American Journal of Public Health*, 102, 967-974.

Gee, G.C., Hing, A., Mohammed, S., Tabor, D.C., & Williams, D.R. (2019). Racism and the life course: Taking time seriously. *American Journal of Public Health*, 109, S43-S47. doi:10.2105/AJPH.2018.304766

Hagerman, M.A. (2014). White Families and Race: Colour-blind and Colour-conscious Approaches to White Racial Socialization. *Ethnic and Racial Studies*, *37*, 2598- 2614.

Hagerman, M. A. (2016). Reproducing and Reworking Colorblind Racial Ideology: Acknowledging Children's Agency in the White Habitus. *Sociology of Race and Ethnicity*, 2, 58-71.

Hagerman, M. A. (2017). White racial socialization: Progressive fathers on raising "antiracist" children. *Journal of Marriage and Family*, 79, 60-74.

Hagerman, M. A. (2019). Racial Ideology and White Youth: From Middle Childhood to Adolescence. *Sociology of Race and Ethnicity*. doi.org/10.1177/2332649219853309

Harrell, S.P. (2000). A Multidimensional conceptualization of racism-related stress: Implications for the well-being of people of color. *American Journal of Orthopsychiatry*, 70, 42-57. doi:10.1037/h0087722

Jones, C.P. (2000). Levels of racism: A theoretic framework and a gardener's tale. *American Journal of Public Health*, 90, 1212-1215. doi:10.2105/AJPH.90.8.1212

Kordesh, K., Spanierman, L. B., & Neville, H. A. (2013). White students' racial affect: Gaining a deeper understanding of the antiracist type. *Journal of Diversity in Higher Education*, *6*, 33-50. doi:10.1037/a0030102

Mekawi, Y., Bresin, K., & Hunter, C.D. (2016). White Fear, Dehumanization, and Low Empathy: Lethal Combinations for Shooting Biases. *Cultural Diversity and Ethnic Minority Psychology*, 22, 322-332. doi:10.1037/cdp0000067

Priest, N., Paradies, Y., Trenerry, B., Truong, M., Karlsen, S. & Kelly, Y. (2013). A systematic review of studies examining the relationship between reported racism and health and wellbeing for children and young people. *Social Science & Medicine*, *95*, 115 – 127. doi:10.1016/j.socscimed.2012.11.031

Priest, N., Slopen, N., Woolford, S., Philip, J.T., Singer, D., Kauffman, A.D., Moseley, K., Davis, M., Ransome, Y. & Williams, D.R. (2018). Stereotyping across intersections of race and age: Racial stereotyping among White adults working with children. *PLoS One*, *13*(9):e0205614.

Raver, C., & Blair, C. (2020). Developmental science aimed at reducing inequality: Maximizing the social impact of research on executive function in context. *Infant and Child Development*, 29, e2715. doi:10.1002/icd.2175

Reskin, B. (2012). The race discrimination system. *Annual Review of Sociology, 38*, 17–35. doi:10.1146/annurev-soc-071811-145508

Seaton, E.K., Gee, G., Neblett, E., & Spanierman, L. (2018). New directions for racial discrimination research as inspired by the Integrative Model. *American Psychologist*, 73, 768-780. doi:10.1037/amp0000315

Schooley, R., Lee, D. L., & Spanierman, L. B. (2019). Measuring Whiteness: A systematic review of instruments and call for action. *The Counseling Psychologist*, 47(4), 530-565.

Spanierman, L. B., Poteat, V. P., Whittaker, V. A., Schlosser, L. Z., & Arévalo Avalos, M. R. (2017). Allies for life? Lessons from White scholars of multicultural psychology. *The Counseling Psychologist*, 45, 618-650. 45.

Spanierman, L. B. & Smith, L. (2017). Roles and responsibilities of White allies: Implications for research, teaching, and practice. *The Counseling Psychologist*, 45, 606-617. 44.

Spanierman, L. B. & Smith, L. (2017). Confronting White hegemony: A moral imperative for the helping professions. *The Counseling Psychologist*, 45, 727-736.

Kordesh, K., Spanierman, L. B., & Neville, H. A. (2013). White students' racial affect: Gaining a deeper understanding of the antiracist type. *Journal of Diversity in Higher Education*, *6*, 33-50.

Yeung, J., Spanierman, L. B., & Landrum-Brown, J. (2013). "Being White in a multicultural society": Critical whiteness pedagogy in a dialogue course. *Journal of Diversity in Higher Education*, 6, 17-32.

Poteat, V. P., & Spanierman, L. B. (2012). Modern racism attitudes among White students: The role of dominance and authoritarianism and the mediating effects of racial color-blindness. *Journal of Social Psychology*, *152*, 758-774.

Spanierman, L. B., Beard, J. C., & Todd, N. R. (2012). White men's fears, White women's tears: Examining gender differences in racial affect types. *Sex Roles*, *67*, 174-186.

Todd, N. R., Spanierman, L. B., & Poteat, V. P. (2011). Longitudinal examination of the psychosocial costs of racism to Whites across the college experience. *Journal of Counseling Psychology*, 58, 508-521.

Todd, N. R., Spanierman, L. B., & Aber, M. (2010). White students reflecting on Whiteness: Understanding emotional responses. *Journal of Diversity in Higher Education*, *3*, 97-110.

Spanierman, L. B., Todd, N. R., & Anderson, C. J. (2009). Psychosocial costs of racism to Whites: Understanding patterns among university students. *Journal of Counseling Psychology*, *56*, 239-252.

Spanierman, L. B., Oh, E., Poteat, V. P., Hund, A. R., McClair, V. L., Beer, A. M., & Clarke, A. M. (2008). White university students' responses to societal racism: A qualitative investigation. *The Counseling Psychologist*, *36*, 839-870.

Spanierman, L. B., Poteat, V. P., Wang, Y. F., & Oh, E. (2008). Psychosocial costs of racism to White counselors: Predicting various dimensions of multicultural counseling competence. *Journal of Counseling Psychology*, 55, 75-88.

Spanierman, L. B., Poteat, V. P., Beer, A. M., & Armstrong, P. I. (2006). Psychosocial costs of racism to Whites: Exploring patterns through cluster analysis. *Journal of Counseling Psychology*, *53*(4), 434–441.

Williams, D. R., & Mohammed, S. A. (2009). Discrimination and racial disparities in health: Evidence and needed research. *Journal of Behavioral Medicine*, *32*, 20-47.

Williams, D. R., & Mohammed, S. A. (2013). Racism and health I: Pathways and scientific evidence. *American Behavioral Scientist*, *57*, 1152-1173.

Williams, D.R., Lawrence, J.A., & Davis, B.A. (2019). Racism and health: Evidence and needed research. *Annual Review of Public Health*, 40, 105-125. doi:10.1146/annurev-publhealth040218-043750

Books

A Different Mirror: A History of Multicultural America (Revised Edition) by Ronald Takaki

A People's History of the United States by Howard Zinn

American Poison: How Racial Hostility Destroyed Our Promise by Eduardo Porter

America's Original Sin: Racism, White Privilege, and the Bridge to a New America by Jim Wallis, Bryan Stevenson (Foreword)

An Indigenous Peoples' History of the United States by Roxanne Dunbar-Ortiz

Between the World and Me by Ta-Nehisi Coates

Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Jennifer L. Eberhardt PhD

Black Reconstruction in America, 1860-1880 by W.E.B. Du Bois

Black Skin, White Masks by Frantz Fanon

Citizen: An American Lyric by Claudia Rankine

Cultural Hegemony and African American Development by Clovis E. Semmes

Dying of Whiteness: How the Politics of Racial Resentment Is Killing America's Heartland by Jonathan M. Metzl

Eloquent Rage: A Black Feminist Discovers Her Superpower by Brittney Cooper

Faces at the Bottom of the Well by Derrick Bell

Fatal Invention: How Science, Politics, and Big Business Re-create Race in the Twenty-first Century by Dorothy Roberts

Fitzgerald, H.E., Johnson, D.J., Qin, D.B., Villarruel, F.A., & Norder, J. (2019). *Handbook of Children and Prejudice: Integrating Research, Practice and Policy*. Springer.

From #BlackLivesMatter to Black Liberation by Keeanga-Yamahtta Taylor

From Here to Equality by William A. Darity and A. Kristen Mullen

Harrell, C.J.P. (1999). The meaning and impact of racism. In C.J.P. Harrell, *Manichean Psychology*, (1-51) by C.J.P. Harrell

How Blacks Built America by Joe Feagin

How to Be Less Stupid about Race: On Racism, White Supremacy, and the Racial Divide by Crystal Marie Fleming

How to Slowly Kill Yourself and Others in America by Kiese Laymon

killing rage: Ending Racism by bell hooks

Killing the Black Body and Fatal Invention by Dorothy Roberts

Killing the Black Body: Race, Reproduction, and the Meaning of Liberty Paperback by Dorothy Roberts

Latinos Facing Racism: Discrimination, Resistance, And Endurance by Joe Feagin

Lynching: Violence, Rhetoric, and American Identity by Ersula J. Ore

Me and White Supremacy: Combat Racism, Change the World and Become a Good Ancestor by Layla Saad

Medical Apartheid by Harriet Washington

Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present by Harriet A. Washington

Race for Profit by Keeanga-Yamahtta Taylor

Race Matters (25th Anniversary Edition with a New Introduction) by Cornell West

Racecraft by Barbara and Karen Fields

Racism Without Racists: Color-Blind Racism and the Persistence of Racial Inequality in America by Eduardo Bonilla-Silva

Racist America (Third edition) by Joe Feagin

Sister Citizen by Melissa Harris Perry

Sister Outsider: Essays and Speeches (Commemorative Edition) by Audre Lorde, Cheryl Clarke (Foreword by)

So You Want to Talk about Race by Ijeoma Oluo

Stamped from the Beginning by Ibram X. Kendi

Tears We Cannot Stop: A Sermon to White America by Michael Eric Dyson

The Alchemy of Race and Rights: Diary of a Law Professor by Patricia J. Williams

The Autobiography of an Ex-Colored Man by James Weldon Johnson

The Autobiography of Malcolm X by Malcolm X, Ossie Davis (Afterword), Alex Haley (As Told to)

The Broken Heart of America by Walter Johnson

The Color of Law: A Forgotten History of How Our Government Segregated America by Richard Rothstein

The Cross and the Lynching Tree by James Cone

The Fire Next Time by James Baldwin

The Miseducation of the Negro by Carter G. Woodson

The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander

The Pushout by Monique Morris

The Souls of Black Folk by W. E. B. Du Bois

The Source of Self-Regard: Selected Essays, Speeches, and Meditations by Toni Morrison

The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson

The White Racial Frame: Centuries of Racial Framing and Counter-Framing by Joe Feagin

The Wretched of the Earth by Frantz Fanon

Understanding Everyday Racism: An Interdisciplinary Theory (Vol. 2) by Philomena Essed

Waking Up White, and Finding Myself in the Story of Race by Debby Irving

We Were Eight Years in Power: An American Tragedy by Ta-Nehisi Coates

When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century by Ira Katznelson

When They Call You a Terrorist: A Black Lives Matter Memoir by Patrisse Khan-Cullors, asha Bandele

White Kids: Growing Up with Privilege in a Racially Divided America by Margaret A. Hagerman

White Like Me: Reflections on Race from a Privileged Son / Edition 3 by Tim Wise

White Party, White Government: Race, Class, and U.S. Politics by Joe Feagin

White Rage: The Unspoken Truth of our Racial Divide by Carol Anderson

White Supremacy and Racism in the Post-Civil Rights Era by Eduardo Bonilla-Silva

Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations about Race by Beverly Daniel Tatum

Why We Can't Wait by Martin Luther King Jr., Jesse Jackson (Afterword)

Women, Race, and Class by Angela Y. Davis

Movies, Documentaries, and Television Series

4 Little Girls

When They See Us

13th

Love Song for Latasha

The Life and Death of Marsha P. Johnson

I Am Not Your Negro

Just Mercy

Blackkklansmen

Selma

If Beale Street Could Talk

Fruitvale Station

Rosewood

12 Years a Slave

Malcolm X

Do the Right Thing

Buck and the Preacher

Within Our Gates

When the Levees Broke

Eyes on the Prize

The African Americans: Many Rivers to Cross

Freedom Riders

Slavery by Another Name

The Black Power Mixtape 1967-1975

Time: The Kalief Browder Story

Watchmen – Television Series

The Wire – Television Series

Websites, Online Articles

10 Children's Books About Racism And Activism To Help Parents Educate Their Kids [HuffPost]

<u>Academia Isn't a Safe Haven for Conversations About Race and Racism</u> [Harvard Business Review]

How to Raise an Anti-Racist Kid [New York Times]

How White Parents Can Talk To Their Kids About Race [HuffPost]

Race Forward

Racial Equity Tools

The Case for Reparations [The Atlantic]

<u>Understanding and Dismantling Racism: A Booklist for White Readers</u> [Charis Books & More]

<u>Understanding systemic racism and how to combat it</u> [Arizona State University]